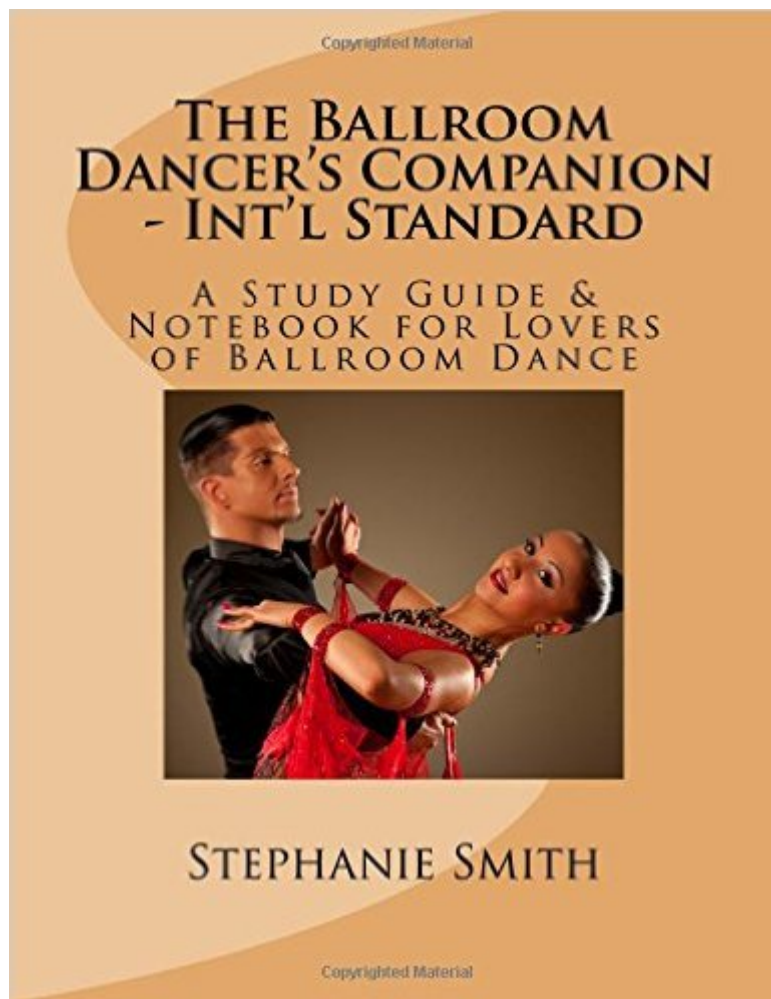


The book was found

The Ballroom Dancer's Companion - Int'l Standard: A Study Guide & Notebook For Lovers Of Ballroom Dance (Volume 3)



Synopsis

If you want to look like a Pro, you gotta study like one!Â Dance training is not for the faint of heart. And not everyone who takes dance lessons becomes a great dancer. Therefore, if you are a serious dancer, you need an edge - an edge that comes in the form of this unique Study Guide and Notebook which will help you achieve your goals.Â Focusing on Waltz, Tango, Viennese Waltz, Foxtrot, and Quickstep, this notebook provides you with a truly impressive array of study tools, all designed for International Standard ballroom dancing:Â - Dance Goals Templates. Enjoy achieving your goals using a scientifically proven method of establishing milestones.Â - Dance Step Syllabus Reference. Easily reference the International Standard dance step syllabus and add your own personal variations.Â - Organized Lesson Notes. Record your notes for later reference in 26 useful lesson templates.Â - Capture Your Drills. Record technical drills critical to your dance success - Upper/Lower Body Drills, Arm Styling, Footwork, Turns and Spins, Balance Drills, and more! - Dance Patterns and Choreography. Record your dance patterns and choreographies in one place! An entire chapter is devoted to this topic, with both Dance Pattern and Choreography templates that will unleash the artist inside of you!Â - International Standard Dance Music. Finally, a place to note your favorite artists and songs in one place - categorized by dance!Â - Fashion Ideas. Let loose your inner designer and create a fashion masterpiece!Â - Ballroom Dance Resources. Whether at home, or on the go, jot down your favorite resources for future reference.Â The Ballroom Dancer's Companion is a highly effective training and retention tool in the world of dance. Use this tonight, enjoy progress tomorrow, and become the dancer you've always dreamed!

Book Information

Series: The Ballroom Dancer's Companion

Diary: 166 pages

Publisher: CreateSpace Independent Publishing Platform; 1 edition (June 17, 2015)

Language: English

ISBN-10: 1508573883

ISBN-13: 978-1508573883

Product Dimensions: 8.5 x 0.4 x 11 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (2 customer reviews)

Best Sellers Rank: #3,694,790 in Books (See Top 100 in Books) #65 inÂ Books > Arts &

Photography > Performing Arts > Dance > Notation #156 inÂ Books > Arts & Photography >

Customer Reviews

I must say that this is a finely done and very useful addition to the library of a ballroom dancer of any level, from new beginner to more advanced student to dedicated professional, particularly if one teaches, takes a lot of classes or private lessons or, as a great many really accomplished dancers do, all of the above. Dancing well is a time consuming, sometimes frustrating, but always rewarding activity that requires real commitment from anyone taking it up, and this book will serve well to track one's progress, record and follow the many drills and exercises, make sense of the never ending figures, steps, music and choreography that without such a system, can sometimes be overwhelming, but when properly managed, all really adds to the richness of dancing, which is why most take it up in the first place. Speaking from almost 30 years of vigorous and unrelenting obsession with ballroom, Latin and the last decade plus Argentine Tango, I give it my highest recommendation!!!! Kudos to Stephanie for such a great contribution!!!!

Love these notebooks, great info, organization, and easy to carry!

[Download to continue reading...](#)

The Ballroom Dancer's Companion - Int'l Standard: A Study Guide & Notebook for Lovers of Ballroom Dance (Volume 3) The Ballroom Dancer's Companion - American Smooth: A Study Guide & Notebook for Lovers of Ballroom Dance (Volume 1) The Ballroom Dancer's Companion - International Latin: A Study Guide & Notebook for Lovers of Ballroom Dance (Volume 4) The Ballroom Dancer's Companion - Social/Club Dances: A Study Guide & Notebook for Lovers of Social Dance (Volume 5) Ballroom Dancing: The Complete Guide to Ballroom Dance Lessons, Ballroom Dance Wedding and More Lap Dance: The Ultimate Guide to Being the Best Exotic Dancer (The Ultimate Exotic Dancer Package Book 4) 2016 ICD-10-CM Standard Edition, 2016 ICD-10-PCS Standard Edition, 2016 HCPCS Standard Edition and AMA 2016 CPT Standard Edition Package, 1e Dance To Your Maximum: The Competitive Ballroom Dancer's Workbook Dancing Till Dawn: A Century of Exhibition Ballroom Dance (Contributions to the Study of Music and Dance) Give Up And Get Free: Defining your worth in the eyes of God (Inner Beauty) GIRL'S BOOK OF BALLET - Featuring: Beryl Grey on The Making of a Dancer - Gene Kelly on his great new dance film Invitation to the Dance How to Dance: Learn How to Line Dance, Belly Dance, Ice Dance and More Every Man's Survival Guide to Ballroom Dancing: Ace Your Wedding Dance and Keep Cool on a Cruise, at a Formal, and in Dance Classes CPT 2013 Standard Edition (Current Procedural

Terminology (Standard)) (Current Procedural Terminology (CPT) Standard) Dance Anecdotes: Stories from the Worlds of Ballet, Broadway, the Ballroom, and Modern Dance Let's Dance: The Complete Book and DVD of Ballroom Dance Instruction for Weddings, Parties, Fitness, and Fun Song Writing Journal: Lined/Ruled Paper And Staff, Manuscript Paper For Notes, Lyrics And Music. For Musicians, Music Lovers, Students, Songwriting. Book Notebook Journal 100 Pages 6x9in The Grass is Always Greener Horse Composition Notebook: Horse Lovers Journal, 8"x10" Softcover, 200 Lined College Ruled Pages for Students, Teachers and Equestrians Journal: 160 Page Lined Journal/Notebook (8.5 x 11 Large Journal/Notebook) (Volume 96) The ULTIMATE Guide To Ballroom Dancing for Colleges and Universities: A Ballroom Dancers SECRET FORMULA

[Dmca](#)